

EYE-DAS

Resource Guide



Resources, Services & Information

for the Blind and Visually Impaired

Prepared & Distributed
FREE OF CHARGE
by the EYE-DAS FOUNDATION

EYE-DAS

Formed July 16, 1975



EYE-DAS MISSION:

- Provide an environment for individuals with visual impairments to meet on a regular basis so they can be educated and informed about issues relating to their visual problems, made aware of available resources, and enjoy social relationships with others who share common interests.

EYE-DAS PURPOSE:

- Encourage those with visual problems to become more independent and to lead a more productive and satisfying life by providing regularly schedule programs, socialization and resources.
- Educate and increase the awareness of the general public about the serious nature of eye diseases.
- Encourage the public's support of the EYE-DAS Foundtion and the visually impaired that it serves.

**An Organization for the Blind & Visually Impaired
Serving the San Gabriel Valley**

EYE-DAS

PO Box 1422, Glendora, CA 91740

626-335-EYES (3937)

www.eye-das.org

501(c)(3) Non-Profit #95-4181

DEDICATION

Ida Fracasse organized EYE-DAS in July of 1975 in honor of her mother, Sylvia Steinberg, who was blind. Her husband Joe was by her side doing whatever it took to help Ida make the organization a success. He was, and continues to be, "the wind under her wings".



Ida's close friend and neighbor Isabelle Stokes was also instrumental. Isabelle's mother was also blind. There was a special love and understanding between the two women about the need for such an organization. Isabelle coordinated volunteer drivers for over 20 years until her untimely death.

Leo Zaman from Azusa was a volunteer driver for 20 years. He drove until his own eyesight began to fail but he continued to support the club.

Leo financed the purchase of an audio sound system and many other items, always insisting he remain anonymous. He gave a generous monetary donation as well. This gift enabled the formation of the Foundation whose purpose is to provide leadership and funding to guarantee the perpetuity of the EYE-DAS Club. Upon his passing, Leo continued to support the organization by remembering EYE-DAS in his will.

To my husband Joe, thank you for always believing in me, and to Isabelle Stokes and Leo Zaman...

You will never be forgotten...

***Ida Fracasse,
Founder***



CONTENTS

Books.....	3
Diabetic Resources.....	7
Education, Schools, Training.....	8
Equipment.....	12
Eye Institutes.....	13
Financial Assistance Resources.....	14
Guide Dogs.....	16
Housing.....	18
Media – Radio, Television, Newspapers.....	19
Medical Clinics and Programs.....	20
Newsletters and Magazines.....	24
Organizations.....	27
Products and Catalogs.....	46
Recreation, Tours, Outings.....	49
Research.....	53
Resource Hotline.....	54
Transportation Services.....	55
Utility Resources.....	56
Veterans Services	59
INDEX.....	62



BOOKS

Audio Editions

Audio books for adults and children.

910 Lincoln Way, Box 6930, Auburn, CA 95604

800-231-4261 • Fax: 800-882-1840

www.audioeditions.com

Email: info@audioeditions.com

Bible Alliance, Inc. (Bibles)

FREE Audio Bibles for the blind, visually impaired, and print-handicapped. Materials available in many, many languages.

Cassette player available with Bibles on Cassette.

PO Box 621, Bradenton, FL 34206

941-748-3031 • www.auroraminstries.org

Email: Bibles@auroraminstries.org

Blackstone Audio Books

PO Box 969, Ashland, OR 97520

800-729-2665 • www.blackstoneaudio.com

Braille Institute Library

Provides free books, periodicals and other texts in Braille and recorded formats.

741 N. Vermont Ave., L.A., CA 90029

800-808-2555 • www.Braillelibrary.org
E-mail: bils@Braillelibrary.org

Doubleday Large Print Home Library
Book Club has large print and audio books.

Member Service Center
PO Box 916400 • Rantoul, IL 61866
www.doubledaylargeprint.com

Library Reproduction Service (Books)

(Educational & classics)

LARGE PRINT reproductions for
special needs students in first grade through post
secondary, as well as GED, adult basic and
continuing education programs.

Also produces large print classics for all ages.
14214 S. Figueroa St., Los Angeles, CA 90061
www.largeprintschoolbooks.com
800-255-5002 • Email: LargePrintSB@aol.com

Lutheran Braille Workers, Inc. (Bibles)

Free Braille and large print bibles - full
bible, old testament, new testament,
individual books of the old and new

testaments, Christian books, periodicals, pamphlets and tracts, and single sheet handouts of the Apostle's Creed, John 3:16, The Lord's Prayer, Psalm 23 and The Ten Commandments. Limited quantities of Large Print publications are also available in different languages.

13471 California St., Box 5000, Yucaipa, CA
92399

800-925-6092 • Fax: 909-795-8970

E-mail: lbw@lbwinc.org • www.lbwinc.org

National Braille Press (Books)

Nonprofit Braille printing and publishing house founded in 1927. Promotes the literacy of the blind through Braille. They feature a weekly newspaper and monthly women's magazine, with sample issues you can download for free.

Also has a Children's Braille Book Club. Wide variety of books available in Braille, eBraille and On-Demand Braille. Hardware needed to read eBraille is any of the following:

- * A notetaker with a Braille display, such as a Braille Lite or BrailleNote.
- * A notetaker that can speak Braille files, such as a PAC Mate, Braille 'n Speak, Type 'n Speak, or VoiceNote.

* A computer with either a Braille display or version 6 or later of Kurzweil 1000 or OpenBook 7 adaptive scanning software.

* A Braille reading device, such as Bookworm.
88 St. Stephen Street, Boston, MA 02115
617-266-6160 • Toll-free: 888-965-8965
Fax: 617-437-0456 • www.nbp.org

Recorded Books, Inc.

Rent or buy recorded audio books.
LLC 270 Skip Jack Rd., Prince Frederick, MD
20678
800-638-1304 • www.recordedbooks.com

Recordings for the Blind and Dyslexic (RFB&D) (Books)

Individual Membership is now FREE thanks to major funding from a U.S. Department of Education, Office of Special Education Programs Grant #H327D090001 and support of private donors.

Member benefits include

- * FREE access to the nation's largest audio-book library of textbooks and literature.
- * Human-narrated audiobooks with descriptions of images, tables and graphs.
 - * Easy-to-use online catalog.
 - * 24/7 member services and phone support.

* Various audiobook downloadable formats,
including DAISY and WMA (Windows Media
Audio)

Tours of the studio are also available.

Upland Branch - 1844 W. 112th St., Unit C,
Upland, CA 91786

909-949-4316 • Fax 909-981-8457

www.rfbd.org

Hollywood Branch - 5022 Hollywood Blvd.,
L.A., CA 90027

323-664-5525 • 800-732-TEXT

Fax 714-547-4241 www.rfbd.org



DIABETIC RESOURCES

National Federation of the Blind Diabetes Action Network

Division of the National Federation of the Blind
- support and information network for diabetics,
especially those who are blind or losing vision.

726 E. Belvedere, Baltimore, MD 21212

410-659-9314 • Fax 410-435-6159

www.nfb.org/voice.htm



EDUCATION, SCHOOLS, and TRAINING

Blind Children's Center

A family-centered agency that serves children with visual impairments from birth through school age. Center-based and home-based programs and services help children acquire skills. Serves families and professionals worldwide through support services, education and research.

4120 Marathon St., Los Angeles, CA 90029
323-664-2153 • www.blindchildrenscenter.org

Braille Institute

Support services, youth program, library services, community & educational services.

741 N. Vermont Ave., Los Angeles, CA 90029
800-272-4553 • 800-BRAILLE • 323-663-1111
www.Brailleinstitute.org
Email: la@Brailleinstitute.org

Dayle McIntosh Center

Advocacy, assistive technology, core living skills, deaf services, housing, info and referral, mobility program, peer support, transition service, vocational services.

Garden Grove Location

13272 Garden Grove Blvd., Garden Grove, CA
92843

714-621-3300 • TTY 714-663-2087

www.daylemc.org

Laguna Niguel Location #1

24012 Calle De La Plata #110, Laguna Hills, CA
92653

949-460-7784 • TDD: 714-663-2087

Fax: 949-855-8742 • www.daylemc.org

Laguna Niguel Location #2

24012 Calle De La Plata #130, Laguna Hills, CA
92653

800-972-8285 • TDD 714-663-2087

Fax: 949-583-1479 • www.daylemc.org

Junior Blind of America

Robertson Program for Independence

Vocation Independence Program for children,
teens, independent living skills and
employment counseling.

800-352-2290 • www.juniorblind.org

Hadley School for the Blind

The Hadley School for the Blind is a worldwide
distance educator of blind and visually impaired

people, their families and
blindness service professionals.
700 Elm St., Winnetka, IL 60093
800-323-4238 • 847-446-8111
Fax 847-446-0855
www.hadley.edu • Email: info@hadley.edu

**Hatlen Center for the Blind
(formerly Living Skills Center for the Visually
Handicapped)**

Activities of daily living residential program – 18
years up. The Center is located in a large, 76 unit
apartment complex in the San Francisco Bay area.
2430 Road 20 #B112, San Pablo, CA 94806
510-234-4984 • Fax 510-234-4986
www.livingskillscenter.org
Email: patty@livingskillscenter.org

Perkins School for the Blind

38-acre campus in Watertown, Massachusetts
offers specialized education programs for students
from three to 22 years of age.
175 N. Beacon St., Watertown, MA 02472
617-924-3434 • www.perkins.org
Email: Info@Perkins.org

OCB

Run by the California Department of
Rehabilitation

Residential 6-8 month program.

400 Adams St., Albany, CA 94706

510-559-1208 • Fax 510-525-4922

www.dor.ca.gov

State Department of Rehabilitation

Counselors / home training – contact local office.

West Covina:

Sally Marlephansakul • 626-939-9151

1501 W. Cameron Ave., W. Covina, CA 91790

Pasadena – Sherry Buckley 626-683-0280

<http://www.rehab.cahwnet.gov>

State of California

Orientation Center for the Blind

Assists adults in adjusting to vision disabilities
by immersion in a residential environment that
is respectful, knowledgeable and empowering.

Credentialed teachers and rehabilitation
professionals provide a full curriculum and
experiences tailored to assist each student
to reach their full potential for self-sufficiency.

400 Adams St., Albany, CA 94706

<http://www.rehab.cahwnet.gov/ssd/blindser.htm#ocb>

510-559-1208



EQUIPMENT

Convalescent Aid Society

(Services at absolutely no cost) Loan of wheelchairs and other medical equipment.

Ace Bandages • Air Mattresses • Arm Slings • Basins Bath Benches • Bath Tub Safety Bars • Hospital Beds • Blanket Risers • Bed Pans • Wrist Braces • Canes • Commodes • Crutches • Diapers • Exercise Bikes • Foot Bath with Massage • Gait Belts • Geri Chairs • Hospital Gowns • Grab Bars • Heel Protectors • Patient Lifts • IV Poles • Lift Chairs • Orthopedic Beds • Over Bed Tables • Quad Canes • Bed Rails • Reachers • Rubber Gloves • Safety Bars • Shampoo Basins • Shower Curtains • Shoe Horns • Shower Hoses • Sock Aids • Tub Transfer Benches • Transfer Boards • Trapezes • Toilet Seat Risers • Under Garments • Urinals • Utility Chairs • Walkers • Walker Baskets • Wheelchairs

3255 E. Foothill Blvd., Pasadena, CA 91107
626-793-1696 • www.convalescentaidsociety.org
Email: info@cas1.org

EYE INSTITUTES



Doheny Eye Institute

USC Department of Ophthalmology

Doheny is a top-ranked research, education, and patient care group of non-profit organizations working together. Doheny Eye Institute, USC's Doheny Eye Medical Group and Department of Ophthalmology. Specializing in Comprehensive Ophthalmology, Ophthalmic Plastics/Orbital Surgery, Neuro-Ophthalmology, Laser Vision Correction, Glaucoma, Corneal Disease, and Retinal Disorders.

LOS ANGELES

1450 San Pablo St., Los Angeles, CA 90033
323-442-6335

ARCADIA

622 W. Duarte Rd., Suite 101, Arcadia, CA 91007
626-446-2122

Specializing in Retinal Disorders, Corneal Disorders, Glaucoma, Ophthalmic Plastic/Orbital Surgery, Laser Vision Correction and Comprehensive Ophthalmology.

ORANGE

2617 E Chapman Ave., # 301, Orange, CA 92869
714-628-2966

Specializing in Ophthalmic Plastic/Orbital
Surgery, Neuro-Ophthalmology, Glaucoma, and
Corneal Disorders.

RANCHO MIRAGE

40055 Bob Hope Dr., #J, Rancho Mirage, CA
92270

760-320-2133

Specializing in and Neuro-Ophthalmology,
Glaucoma, and Retinal Disorders.

RIVERSIDE

4440 Brockton Ave., #330, Riverside, CA 92501
951-788-1231

Specializing in Retinal Disorders and Glaucoma.

PASADENA

10 Congress St., Suite 300, Pasadena, CA 91105
626-395-0778

Specializing in treatment of Medical and Surgical
Retinal and Corneal Disorders and Glaucoma.



**FINANCIAL ASSISTANCE
RESOURCES**

**Seniors EyeCare Program
EyeCare America**

FREE & low cost comprehensive eye exam and
up to one year treatment, with no out of

pocket cost, for any condition diagnosed during exam. 1) If you are 65 years or older, 2) are a U.S. Citizen or legal resident, 3) haven't seen an ophthalmologist in 3 or more years and 4) if you do not have insurance through an HMO or the VA, then you qualify.

Online only for application (which asks the above 4 questions only) • eyecareamerica.org

The Medicine Program

Helps people enroll in one or more patient assistance programs that provide prescription medicine FREE.

PO Box 125, Doniphan, MO 63935
573-996-3333 • <http://freemedicine.com/>

IMPORTANT RESOURCE NOTE:

Patient Assistance Programs are also available through some of the pharmaceutical companies that manufacture Glaucoma medications. Please note that most of these programs can only be accessed through your eye doctor's office. Inform your eye doctor of your inability to afford the medication or prescription coverage.

Alcon Labs Humanitarian Services

800-222-8103

Allergan Patient Assistance Program

800-553-6783

Merck Patient Assistance Program

800-727-5400

GUIDE DOGS

Fidelco Guide Dog Foundation

103 Old Iron Ore Rd, Bloomfield, CT 06002

860-243-5200 • www.fidelco.org

Email: info@fidelco.org

Guide Dog Foundation for the Blind

371 E. Jericho Turnpike, Smithtown, NY 11787

631-930-9000 • 800-548-4337

Fax: 631-930-9009 • www.guidedog.org

Guide Dogs for the Blind, Inc.

In residence training program FREE of charge
350 Los Ranchitos Rd., San Raphael, CA 94903

800-295-4050 • Fax 415-499-4035

www.guidedogs.com

Guide Dogs of America

13445 Glen Oaks Blvd., Sylmar, CA 91342

818-362-5834 • 800-459-4843

Fax 818-362-6870

www.guidedogsofamerica.org

Guide Dogs of the Desert

Training program and housing FREE of charge.

PO Box 1692, Palm Springs, CA 92262

760-329-6257 • Fax 760-329-2866

www.gddca.org

Leader Dogs for the Blind

PO Box 5000, 1039 S. Rochester Rd.,

Rochester, MI 48307

Toll Free: 888-777-5332 • Fax 248-651-5812

TTY: 248-651-3713

www.leaderdog.org

Email: leaderdog@leaderdog.org





HOUSING

Vista Nova Renaissance Community

Apartments for legally blind adults who are independent and mobile, meals and maid service, rents based on a sliding scale.

531 Prescott St., Pasadena, CA 91104
626-791-1913 • www.vnrenaissance.com
Email: v-home@att.net

Services Center for Independent Living – Covina

Assists in finding housing, in-home attendants, disability coverage, ADA issues and transitional living center for homeless men with disabilities.

800-491-6722 • VP/TTY 909-445-0726
Fax 909-445-0727

Claremont 909-621-6722

PO Box 549, Claremont, CA 91711
Claremont Main Office – 107 Spring St.,
Claremont, CA 91711

West Covina Satellite Branch:

1520 W. Cameron Ave., #160,
West Covina, CA 91790
scil-ilc.org • Email: Lorraine@scil-ilc.org



MEDIA – RADIO, TELEVISION, NEWSPAPERS

National Federation for the Blind

Free daily service of reading over 300 different newspapers over the phone.

1800 Johnson St., Baltimore, MD 21230
410-659-9314 • www.nfg.org

L.A. Radio Reading Service (LARRS)

This non-profit organization offers daily broadcasts of newspapers, magazines, ads and books, local events, election Info, back-page stories, grocery and department store ads, sports pages, etc. Broadcasts 24 hours a day, 7 days a week on 67 kHz on 88.5 FM. Reception of the signal requires a special radio which may be obtained from LARRS. FREE long-term loan to low income.

818-345-2874 • www.larrs.org

Narrative Television Network (NTN)

Free narrated television programming through your SAP or MTS on your television.

5840 South Memorial Dr., #312, Tulsa, OK 74145

800 801-8184 • Fax: 918-627-4101
info@narrativetv.com • www.narrativetv.com

**New York Times Large-Type Weekly
(Weekly newspaper covering national events)**

This summary of the previous week's news is offered in large print and is mailed to your home once a week. Free complimentary copy to try.
800-631-2580 • www.nytimes.com



MEDICAL CLINICS AND PROGRAMS

Center for the Partially Sighted

Macular Degeneration Program, Diabetes and Vision Loss Program, Counseling, Rehabilitation and specialized programs.

Service fees are on a sliding scale based on ability to pay. The Center is a participating provider of Medicare, Medi-Cal, and the California Department of Rehabilitation. These programs may cover a portion of the services provided by the Center. There is no charge for many rehabilitation services.

Project VIP provides low-cost or no-cost vision

rehabilitation services for people who are low-income or under-insured. Call Audrey Valenzuela at 310- 988-1970, for eligibility requirements.

The Center has five offices in California.

Main Center 310-988-1970

6101 W. Centinela Ave., #150, Culver City 90230

Valley Office 818-705-5954

18425 Burbank Blvd. #706, Tarzana, CA

Central Coast Office 805-863-4234

1245 Broad Street, San Luis Obispo, CA

South Bay Office 310-988-1970

22340 Hawthorne Blvd., Torrance, CA

Pasadena/Eagle Rock Office 310-988-1970

7462 North Figueroa, #103, Los Angeles, CA
90041.

www.low-vision.org

EyeCare America

Seniors EyeCare Program

FREE & low cost comprehensive eye exams and up to one year treatment, with no out of pocket cost, for any condition diagnosed during exam.

1) If you are 65 years or older, 2) are a U.S. Citizen or legal resident, 3) haven't seen an ophthalmologist in 3 or more years and 4) if you do

not have insurance through an HMO or the VA,
then you qualify.

Online only for application (which asks the above
4 questions only) • eyecareamerica.org

Glaucoma 800-391-EYES (3937)

Senior Eye Care Program 800-222-EYES (3937)

www.eyecareamerica.org

**The Eye Care Center at
Southern California College of Optometry**

The ECC is a world-class center for eye and
vision care that's dedicated to providing
excellence in patient care, clinical education, and
research. Also has an email newsletter.

**Mary Ann Keverline Walls Low Vision Center
(Low Vision Service Eye Care Center)**

2575 Yorba Linda Blvd., Fullerton, CA 92831

714-992-7890 • Fax 714-992-7863

**Mary Ann Keverline Walls Low Vision Center
(Low Vision Service Optometric Center L.A.)**

3916 South Broadway, L.A., CA 90037

323-234-9137 • 818-308-1628

www.sccoeyecare.com/

**"Life is either a daring adventure
or nothing."**

- Helen Keller, 1941

St. Mary's Low Vision Center

Provides FREE services to the Southern California Community. Any individual who receives a written referral from a licensed eye care practitioner may make an appointment to be seen by an optical aids counselor.

Services include: Optical Aids, Orientation and Mobility, Daily Living and Reading Devices.

1050 Linden Ave., Long Beach, CA 90813
562-491-9275 • www.stmarymedicalcenter.org

Low Vision Rehabilitation Clinic at Western University of Health Sciences Eye Care Center

All ages, infants - elderly. Full scope optometric services provided. Services offered to patients with a wide variety of vision and medical insurance, including Medicare and Medi-Cal, Department of Rehabilitation. They utilize a sliding fee scale for patients without insurance (that they take) with low income. Services aren't free but the sliding scale is discounted. Referrals both within Western University Patient Care Center and outside the Center for services such as: physical therapy, occupational therapy, orientation and mobility, primary and specialty medical care, psychology/psychiatry and

support services. Involved in clinical research.

795 E. Second Street
Pomona, CA 91766-2020
909-706-3899



NEWSLETTERS & MAGAZINES

Aging and Vision News (Newsletter)

Lighthouse International
111 E. 59th St., N.Y., NY 10022-1202
www.lighthouse.org
Email: info@lighthouse.org

Choice Magazine Listening (Articles from magazines)

Articles from popular magazines in audio, FREE for blind, visually impaired, physically disabled or dyslexic subscribers. Completely without charge to adults unable to read standard print. Offers outstanding unabridged articles, fiction and poetry. Required player is provided FREE
85 Channel Drive, Port Washington, NY 11050
Toll Free: 888-724-6423 • Fax: 516-944-6849
E-Mail: ChoiceMag@Aol.Com
<http://www.choicemagazinelistening.org>

Braille Forum (Monthly magazine)

Braille, cassette, large print, and email. 2200
Wilson Boulevard, #650, Arlington, VA 22201

202-467-5081 • 800-424-8666

Fax: 703-465-5085

www.acb.org/magazine/index.html

Fighting Blindness News (Newsletter)

Foundation Fighting Blindness (FFB)

Mailed three times a year. Reports research and
science news and FDA approved clinical trials
related to retinal degenerative diseases.

11435 Cronhill Drive, Owings Mills, MD 21117

E-mail: info@FightBlindness.org

800-683-5555 • TDD: 800-683-5551

Gleams (Newsletter)

Newsletter topics include: glaucoma, new treat-
ments, updates on research findings, and more.

The email edition is sent monthly; the print edition
is published three times a year.

251 Post Street, #600, San Francisco, CA 94108

800-826-6693 • 415-986-3162

Fax: 415-986-3763

www.glaucoma.org/ • question@glaucoma.org

**Knowledge is love and light and vision.
- Helen Keller**

Out and About (Newsletter)

Services Center for Independent Living

P.O. Box 549, Claremont, CA 91711

Office: 107 Spring St., Claremont, CA 91711

Satellite Office: 1520 W. Cameron Ave., #160
W. Covina, CA 91790

Phone: 800-491-6722 • VP/TTY: 909-445-0726
www.scil-ilc.org

Reader's Digest Large Print Publications

PO Box 262, Mt. Morris, IL 61054

General Interest Magazine 800-310-2181

Condensed Books 800-877-5293

www.rd.com

**The Library of Congress National Library
Service for the Blind and Physically
Handicapped (Magazines and books)**

Provides recorded magazines and books as well as
the playback equipment FREE.

Toll-Free: 888-NLS-READ (888-657-7323) to
connect to a local library.

TDD: 202-707-0744 • FAX: 202-707-0712

www.loc.gov/nls

The Magnifier Electronic Newsletter

Published by Macular Degeneration Foundation

Free via email. Breaking news regarding clinical trials, clarify recent reports in the media, new resources available.

P.O. Box 531313 Henderson, Nevada 89053

888-633-3937 • Fax: 702-450-3396

Email: liz@eyesight.org • www.eyesight.org



ORGANIZATIONS

American Council of the Blind

Toll free info and referral .

2200 Wilson Blvd., # 650, Arlington, VA 22201

202-467-5081 • 800-424-8666

Fax: 703-465-5085

www.acb.org • Email: info@acb.org

American Diabetes Association

Los Angeles Chapter

Research, health care, testing and local services.

6300 Wilshire Blvd., #1100, Los Angeles, CA
90048

323-966-2890 • www.diabetes.org

American Foundation for the Blind (AFB)
Information and resource links

The American Foundation for the Blind is the organization to which Helen Keller devoted her life. It is a national nonprofit whose mission is to ensure that Americans who are blind or visually impaired enjoy the same rights and opportunities as other citizens.

They promote wide-ranging, systemic change by addressing critical issues of the blind and visually impaired population.

15 W. 16th St., N.Y., NY 10011

800-232-5463 • www.afb.org

Email: afbinfo@afb.net

American Optometric Association

Eye health topics and doctor locator.

243 Lindberge Blvd., St. Louis, MO 63141

Low Vision: 800-365-2219

314-991-4100 • www.aoanet.org

**Associated Services for the Blind and
Visually Impaired (ASB)**

Non-profit dedicated to inspiring self-esteem, independence and self determination.

Website has links to agencies around the country.
919 Walnut St., Philadelphia, PA 19107
215-627-0600 • www.asb.org

Association for Macular Disease, Inc.

Online source of information and support for people with macular degeneration and other macular diseases. Also has a quarterly newsletter.

212-605-3719 • www.macula.org

Email: association@retinal-research.org

California Council for the Blind

San Gabriel Valley Chapter

Donna Pomerantz, President

Home: 626-844-4388

Email: dmpomerantz@earthlink.net

Vince Calderone, Vice-President

Home: 626-564-8771

Email: vincent.calderone@sbcglobal.net

Meeting Time: First Saturday of the Month, 11:30 a.m. to 2 p.m.; Location: Coco's Restaurant, 306 N. Azusa Ave., Covina, CA 91722-3608

**"We are never really happy until we try to brighten the lives of others."
-Helen Keller**

California Council of the Blind (CCB)

Mission is to gain full independence and equality of opportunity for all blind and visually impaired Californians. Composed primarily of Californians who are blind or have low vision.

Executive Office

1510 "J" Street Suite 125, Sacramento, CA 95814

800-221-6359 • Fax 916-441-2188

www.ccbnet.org

California Council of Citizens with Low Vision

A chapter of The Council of Citizens with Low Vision International and a statewide affiliate of The California Council of the Blind.

800-221-6359

www.ccbnet.org/groups/ccclv/index.htm



EYE-DAS Club #1 Glendora Group

An evening support, social and informational group for the blind and visually impaired and their families. Offers FREE refreshments; transportation available. Day trips and outings several times a year. Quarterly newsletter. Meets the 2nd Monday of each month at 7:00 p.m.

at the La Fetra Center, 333 E. Foothill Blvd.,
Glendora, Ca 91741
PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org



EYE-DAS Club #II
West Covina Group

A daytime support, social and informational group for the blind and visually impaired and their families. Offers FREE lunch; transportation available. Day trips and outings several times a year. Quarterly newsletter.

Meets the 1st Monday of the month at noon at the West Covina Senior Center, 2501 E. Cortez St., W. Covina, CA 91793

PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org



EYE-DAS Club #III
Arcadia Group

A daytime support, social and informational group for the blind and visually impaired and their families. Offers FREE lunch; transportation available. Day trips and outings several times a year. Quarterly newsletter.

Continued on page 38

**EYE-DAS Foundation,
Club and the Visual
Aides Boosters (VAB)**

*Bringing answers, hope, friend-
ship, education and
fun to the blind and
visually impaired community.*



Founder, Ida Fracasse



**Charter President
Jane Braun**



**Past-President
Dr. Charles Gomer**



**President
Rose Wentz**



**Past-President
Sharon Lewis**



**Past-President
Steve Slakey**

The EYE-DAS Club
Fun • Comaraderie • Day Trips
Educational Programs • Speakers
Peer Support • Special Events

**Come and
join
the fun!**



Day Trips!



**Three locations • Day or Evening Meetings
Glendora • West Covina • Arcadia.
Transportation Available • Complimentary
Refreshments & Lunches (day groups)**



**Great
entertainment
and interesting
programs and
speakers!**



Special thanks to Ida & Joe Fracasse, Lynn Nobbs and Steve Slakey whose efforts made compiling & revising this Resource Guide a reality.

100% of your Donations go to serving the Blind and Visually Impaired within the EYE-DAS Organization.

We have one part-time paid coordinator (who is legally blind).

CCTV's are available for loan at no cost to our members (as available).



Call 626-335-EYES (3937)

VOLUNTEERS ALWAYS WELCOME

The **EYE-DAS** organization is always looking for (and welcoming) volunteers for a myriad of activities and events.

CLUB - Volunteer drivers escort members to and from meetings, refreshment servers, run community booths, obtain speakers and programs.

VISUAL AIDES BOOSTERS (VAB) - Assist with organizing and running fundraising events including the annual Hot Summer Nights Dance. VAB sponsors the annual St. Patricks Day dinner for members and assists at meetings.

BOARD OF DIRECTORS -Made up of community members that look at the "Big Picture". Pursue grants and work on community relations. Oversee opening new branches of EYE-DAS Clubs in areas of need. West Covina and Arcadia community members particularly desired.

**Serve others, make new friends
and attain great personal satisfaction.**

Call 626-335-EYES (3937)

Meets the 2nd Tuesday of the month at noon at the
Assistance League of Arcadia Community House
(corner of Santa Anita Ave. & Alta St.)
PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org

**Foundation Fighting Blindness
California (Los Angeles) Branch:**

Eye disease information, funding source for
research.

866-782-7330 • LosAngeles@FightBlindness.org

Stephanie Wells-Walper

Director of Development, Western Region

(310) 207-2089

SWellswaper@FightBlindness.org

11900 W. Olympic Blvd. #560, L.A., CA 90064

310-207-2089 • Fax: 310-207-2039

www.blindness.org

Glaucoma Research Foundation

Latest research & development, new and links.

251 Post Street, #600, San Francisco, CA 94108

800-826-6693 • 415-986-3162

Fax: 415-986-3763

www.glaucoma.org/ • question@glaucoma.org

Helen Keller Services for the Blind

Rehabilitation Services, Employment Services,
Low Vision Clinics, Preschool Vision Screening,
Senior Centers, Camp Helen Keller, Children's
Learning Center, Parent and Service Coordinator,
Parent & Early Education Resource Center, Chil-
dren's Saturday Program, College Prep Program,
Louis Anzalone Braille Center, Pre-Vocational
Training, and Services for Individuals with
Developmental Disabilities.

57 Willoughby Street, Brooklyn, NY 11201

718-522-2122 • Fax: 718-935-9463

E-Mail: info@helenkeller.org

One Helen Keller Way, Hempstead, NY 11550

516-485-1234 • Fax: 516-538-6785

40 New York Avenue, Huntington, NY 11743

631-424-0022 • Fax: 631-424-0301

Helen Keller National Center

141 Middle Neck Rd., Sands Point, NY 11050

Fax: 516-944-7302

E-mail: HKNCinfo@hknc.org

www.hknc.org • www.helenkeller.org

Email: info@helenkeller.org

**"Walking with a friend in the dark is
better than walking alone in the light."**

- Helen Keller

Jewish Blind of California

Social group. Luncheon and entertainment. Also teaches computer skills to those with basic knowledge.

544 N. Larchmont, Hollywood, CA 90006
Reservations and lunch call 323-464-5850
News Line 626-941-6080 ext. 2000

Jewish Guild for the Blind

Assists visually impaired, blind and multi-disabled of all ages. Programs include InTouch Networks SM, an internet radio reading service, and SightCare SM. National training program educates and trains those who care for, work with, or interact with the visually impaired.

15 W. 65th St., N.Y., NY 10023
800-284-4422 • 212-769-6200
www.jgb.org • info@jgb.org

Junior Blind of America

Robertson Program for Independence

Vocation Independence Program for children, teens, independent living skills and employment counseling.

800-352-2290 • www.juniorblind.org

Lion's Club International

Sight Conservation, Clinical Services, Eye Banks, Eye Research, Eyeglass Recycling, Guide Dogs, Lions Eye Health Program, Public Education, Rehabilitation Services, Screenings, and Surgical Outreach. Check with local organization.

http://www.lionnet.com/program_sites.html

Southern California Lions Eye Institute (SCLEI)

Complete eye care to all who are referred by the more than 300 Lions Clubs in Southern California who belong to and support the program. While not a free service, the Institute makes no charges for services rendered to those who cannot afford to pay

Delsina Moreland, Referral Coordinator
PO Box 1679, Costa Mesa, CA 92628-1679
800-647-6638 • 714-979-9275 • Fax: 714-979-9281
www.md4lions.org • www.lionsclubs.org
Email: lions@lionsclubs.org

Macular Degeneration Foundation

Resources and The Magnifier, which are FREE email newsletters. The foundation is a 501c3 charitable medical research and educational

foundation. It funds promising scientific studies designed to find a cure for macular degeneration, inhibit its progression, and restore the vision of afflicted ones.

PO Box 531313, Henderson, NV 89053

888-633-3937 • www.eyesight.org

Email: liz@eyesight.org

Mobility International USA

International Travel and Exchange Programs. Susan Sygall, co-founder and CEO of Mobility International USA, is an internationally recognized expert in the area of international educational exchange and leadership programs for persons with disabilities. Sygall, who uses a wheelchair, has had a personal and professional commitment to disability rights and women's issues for more than 25 years.

A 501(c)3 non-profit organization.

132 E. Broadway, #343, Eugene, Oregon 97401

Tel/TTY: 541-343-1284 • Fax: 541-343-6812

www.miusa.org • Email: info@miusa.org

National Alliance of Blind Students

Student affiliate of the American Council of the Blind, the nation's leading consumer and

advocacy organization of people who are blind or visually impaired. NABS works to advance the equal opportunity and excellence in education for all blind and visually impaired high school, college and university students in the U.S.

1155 15th Street NW, #1004, Washington, DC, 20005.

800-424-8666 • <http://acbstudents.org/index.php>

National Diabetes Association

800-232-34712 • www.diabetes.org

National Association for Parents and Children with Visual Impairments

Workshops, conferences, support, publications and referrals. A national organization that enables parents to find information and resources for children who are blind or visually impaired, including those with additional disabilities. Provides leadership, support, and training to assist parents in helping children reach their potential.

P.O. Box 317, Watertown, MA 02471

800-562-6265 • 617-972-7441

Fax: 617-972-7444

www.spedex.com/napvi • napvi@perkins.org

"We would never learn to be brave and patient if there were only joy in the world."

- Helen Keller

**National Association for the Visually
Handicapped**

Merged in 2010 with Lighthouse International.
22 W. 21st St., N.Y., NY 10010
800-829-0500 • www.lighthouse.org

National Eye Institute

Eye disease information and latest research.
31 Center Dr., Bethesda, MD 20892
301-496-5248 • www.nei.nih.gov

National Federation of the Blind

Improves blind people's lives through advocacy, education, research, technology, and programs encouraging independence and self-confidence. In 2004 the NFB opened the National Federation of the Blind Jernigan Institute, the first research and training center in the United States for the blind led by the blind. Distributes many different magazines, newspapers, newsletters, speeches, reports, books, and other pieces of literature to inform the public (blind and sighted) about the true nature of blindness and about issues of interest to the blind.

Braille Monitor - The leading publication of the

National Federation of the Blind (NFB), this magazine is published eleven times a year and covers blindness-related events, activities, and issues.

Voice of the Nation's Blind - The Web log, or blog, of the National Federation of the Blind features news and commentary.

200 East Wells Street, Baltimore, MD 21230

410-659-9314 • Fax: 410-685-5653

www.nfb.org

National Federation of the Blind of California

Publishes The Journal bi-annually. Scholarships, grants, involved in legislation, audio recordings that are downloadable of their conventions and presidential releases.

Toll Free: 877-558-6524 • <http://www.nfbcal.org/>

The National Organization for Albinism and Hypopigmentation (NOAH)

NOAH is a volunteer organization for persons and families involved with the condition of albinism.

It does not diagnose, treat, or provide genetic counseling. It is involved in self-help, while trying to promote research and education.

Resources, information and links.

PO Box 959, East Hampstead, NH 03826

800-473-2310 • 603-887-2310
Fax: 800-648-2310 • Email: webmaster@albinism.org
<http://www.albinism.org>

Prevent Blindness America

Eye health education, research and programs.
211 West Wacker Drive #1700, Chicago, IL 60606
www.preventblindness.org • 800-331-2020

United States Association for Blind Athletes

The United States Association of Blind Athletes (USABA) enhances the lives of blind and visually impaired people by providing the opportunity for participation in sports and physical activity.

33 N. Institute St., Colorado Springs, CO 80903
719-630-0422 • Fax 719-630-0616

www.usaba.org



PRODUCTS & CATALOGS

American Printing House for the Blind (APH) (Free catalogs and monthly newsletter)

Education and daily living products for the visually impaired. Braille, large print, recorded, and tactile graphic publications.

Assist consumers in the field of vision - database

800-223-1839 • Fax: 502-899-2274 • www.aph.org

Ann Morris Enterprises, Inc. (Free catalog)

Innovative products for people with vision loss.
Ann Morris, P.O. Box 9022, Hicksville, NY 11802
800-537-2118 • Fax 516-937-3906
www.annmorris.com

Beyond Sight, Inc.

Products for the Visually Impaired
5650 S. Windermere St., Littleton, CO 80120
303-795-6455 • Fax: 303-795-6425
www.beyondsight.com

Enhanced Vision

CCTVs and electronic magnifiers.
5882 Machine Dr., Huntington Beach, CA 92649
Southern California Distributor – David Kay
800-611-1132 • Fax 633-4176
www.aboutlowvision.com
www.enhancedvision.com

EyeTech Low Vision

CCTVs and video magnifiers.
2193 Aspenpark Ct., Thousand Oaks, CA 91362
John Wolfe: 310-704-5314 • eyetechlowvision.com
eyetechlowvision@yahoo.com

Independent Living Aids, LLC (Free catalog)

CCTVs and magnifying products as well as other items to enhance independent living.

Some items have LARGE print, many talk, others have tactile markings, Braille, or are just easy to use.

200 Robbins Lane, Jericho, NY 11753

800-537-2118 • Fax: 516-937-3906

www.independentliving.com

Maxi-Aids & Appliances (Free catalog)

CCTVs and magnifiers as well as other items to enhance independent living.

42 Executive Blvd., Farmingdale, NY 11735

631-752-0521 • TTY: 631-752-0738

Fax: 631-752-0689 • www.maxiaids.com

**National Federation of the Blind
(Free white cane)**

They believe that independence and freedom to travel is so important to the quality of life of blind people that every blind person should have a cane, regardless of ability to pay.

They are giving, free of charge, straight fiberglass canes. The canes are available in the following lengths: 25, 27, 29, 31, 33, 35, 37, 39, 41, 43, 45,

53, 55, 57, 59, 61, and 63 inches.

Visit their online free white cane application form now or download a PDF of the application.

Printed applications should be mailed to:

Free White Cane Program

National Federation of the Blind

200 East Wells Street, Baltimore, MD 21230

410-659-9314 • Fax: 410-685-5653

www.nfb.org

Optelec

Portable and desktop magnifiers.

3030 Enterprise Ct. #C, Vista, CA 92081

800-826-4200 • Fax 800-368-4111

www.optelec.com

Vision Aid Services

Sales of Reliant brand CCTVs

6032 S.E. Pardee St., Portland, OR 97206

1-800-473-3195 • Fax 1-503-774-1120



**RECREATION,
TOURS, OUTINGS**

Braille Institute Los Angeles Sight Center

The Sight Center provides a full range of free services including: Talking Book & Braille

Library Services, Low Vision Rehabilitation Services, Child Services, Youth & Teen Services, Career Services, Adult Services, Braille Publishing, The Braille Challenge® reading and writing contest, the flagship *Vistas* Store, and much more.

Tours: Tours of the Los Angeles facility are available weekdays by appointment. Contact Carmen Apelgren, Community Relations Program Coordinator, at (323) 663-1111, Ext. 1357, or capelgren@Brailleinstitute.org, to schedule a tour. 741 N. Vermont Ave., Los Angeles, CA 90029
323-663-1111 • www.Brailleinstitute.com
Fax: (323) 663-0867
E-mail:la@Brailleinstitute.org

Jet Propulsion Laboratory (JPL)

Tours and hands on exhibits. JPL Public Services offers tours free of charge for groups and individuals on an advance reservation basis. You must speak with a Public Services Office representative well in advance in order to reserve a tour. Reservations may not be made via e-mail, voice mail or fax. For reservations, call the Public Tours Office at 818-354-9314
4800 Oak Grove Drive, Pasadena, CA 91109

E-mail: speakersbureau@jpl.nasa.gov.
Tours 818-354-9314 • 818-354-9312
Fax 818-393-4641

**Recordings for the Blind and Dyslexic
(RFB&D) (Studio Tours Available)**

Member benefits include:

* FREE access to the nation's largest audio-book library of textbooks and literature titles.

* Human-narrated audiobooks with descriptions of images, tables and graphs.

* Easy-to-use online catalog.

* 24/7 online member services and phone support.

* Audiobook downloadable formats, including DAISY and WMA (Windows Media Audio)

Tours of the studio are also available.

Upland - 1844 W. 112th St., Unit C,
Upland, CA 91786

909-949-4316 • Fax 909-981-8457

www.rfbd.org

Hollywood - 5022 Hollywood Blvd., L.A., CA
90027

323-664-5525 • 800-732-TEXT

Fax 714-547-4241 • www.rfbd.org



EYE-DAS Club #I Glendora Group

Day trips and outings several times a year. An evening support, social and informational group for the blind and visually impaired and their families. Offers FREE refreshments; transportation available. Meets the 2nd Monday of each month at 7:00 p.m. at the La Fetra Center, 333 E. Foothill Blvd., Glendora, Ca 91741
PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org



EYE-DAS Club #II West Covina Group

Day trips and outings several times a year. A daytime support, social and informational group for the blind and visually impaired and their families. Offers FREE lunch; transportation available. Meets the 1st Monday of the month at noon at the West Covina Senior Center, 2501 E. Cortez St., W. Covina, CA 91793
PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org



EYE-DAS Club #III Arcadia Group

Day trips and outings several times a year.
A daytime support, social and informational group
for the blind and visually impaired and their
families. Offers FREE lunch;
transportation available.

Meets the 2nd Tuesday of the month at noon at the
Assistance League of Arcadia Community House
(corner of Santa Anita Ave. & Alta St.)
PO Box 1422, Glendora, CA 91740
626-335-EYES (3937) www.eye-das.org



RESEARCH

Foundation Fighting Blindness (FFB)

Reports research and science news and FDA
approved clinical trials related to retinal
degenerative diseases.

11435 Cronhill Drive, Owings Mills, MD 21117
E-mail: info@FightBlindness.org
800-683-5555 • TDD: 800-683-5551

**"The best and most beautiful things
in the world cannot be seen nor even
touched, but just felt in the heart."
- Helen Keller, 1891**

Glaucoma Research Foundation

Funds and seeks out new approaches to glaucoma research, and follows the funding through to results. Their continuing commitment has led to important and promising insights.

Glaucoma, new treatments, updates on research findings, and more.

251 Post Street, #600, San Francisco, CA 94108

800-826-6693 • 415-986-3162

Fax: 415-986-3763

www.glaucoma.org • question@glaucoma.org

RESOURCE HOTLINE



Compassion in Action - USA

Advocacy provided free of charge to the ill or injured who need assistance with Social Security Disability, SSI Disability, and/or Medi-Cal/Medicaid. If other services are needed, referrals will be made to the appropriate agencies.

P.O. Box 383, San Dimas, CA 91773

626-967-6800 • Fax: 626-967-6833

info@compassioninaction.us

**The Senior Care Network
of Huntington Hospital**

100 W. California Blvd., Pasadena, CA 91105
626-397-3110 • 800-664-4664
www.seniorcarenetwork.com



TRANSPORTATION SERVICES

***Start by checking with your local city government to find out what services they offer.**

Access Services – L.A. County
Transportation for the disabled.

If you are a certified Access Services rider, within Southern California and would like to make a reservation call 800-883-1295

TDD: 1-800-826-7280

If you ARE NOT a certified Access Services rider call 800-827-0829 • TDD: 800-827-1359

www.asila.org

**"If I, deaf & blind, find life rich and interesting, how much more can you gain by the use of your five senses!"
- Helen Keller, 1928**

Access Services – Orange County

Transportation for the disabled.

Reservations, cancellations and ride Status

(877) OCTA-ADA or 877-628-2232

TDD ACCESS 800-564-4ADA or 800-564-4232

ADA Eligibility - 714-560-5956

TDD 714-560-5474

Help Desk 714-560-5956 • TDD 714-560-5474

<http://www.octa.net/bus-contact-info.aspx>

Paratransit, Inc. (Sacramento area)

A private nonprofit corporation dedicated to providing transportation services to individuals with disabilities and the elderly.

P. O. Box 231100, Sacramento, CA 95823

(916) 429-2009 • Fax: 916-429-2409

916-429-2415 (Reservations)

www.paratransit.org



UTILITY RESOURCES

211 L.A. County

Help with food, shelter, legal and financial assistance, counseling, social services, gas company discounts, etc.

Dedicated to providing an easy-to-use, caring,

professional source of guidance, advocacy,
and 24 hours 7 days per week access to a
comprehensive range of human services
to the people of L.A. County.

Phone: just dial 211 • <http://www.infoline-la.org/>

A T & T's National Center for Customers with Disabilities

At AT&T's National Center for Customers with Disabilities (NCCD), their specialized customer service representatives can arrange for an alternate billing format such as Braille or large print, as well as questions regarding the VoiceDial Exemption Program and the Code Factory software. The representatives are knowledgeable on equipment and accessories, features and the following services:

Landline Accessibility Solutions

Hearing Aid Compatibility

VoiceDial Exemption Program

Voice command with select LG phones

Phone demonstrations

Messaging solutions

711 TRS access

TTY-compatible phones

Text Accessibility Plan,
Text Accessibility
Plan for iPhoneMobile Speak &
Mobile Magnifier for
Customers with Disabilities
AT&T Advisory Panel on Access &
Aging Alternate formats
411 directory assistance
866-241-6568 • TTY: 1-866-241-6567
[http://www.wireless.att.com/learn/articles-
resources/disability-resources/nccd.jsp](http://www.wireless.att.com/learn/articles-resources/disability-resources/nccd.jsp)

California Telephone Access Program (CTAP)

Free products and services that make using the telephone easier. CTAP is a California State mandated program, under governance of the California Public Utilities Commission (CPUC). Equipment and some network services are available at no charge to eligible consumers.

Californians who are deaf, hard of hearing, speech-disabled, cognitively-disabled, blind, or who have low vision, or restricted mobility, are eligible to receive equipment with certification by a medical doctor, a licensed audiologist, a qualified state agency, or a hearing aid dispenser.

CTAP Call Center

P.O. Box 30310, Stockton, CA 95213

English: 800-806-1191

Spanish: 800-949-5650 • TTY: 800-806-4474

www.ddtp.org/CTAP/



VETERANS

Blinded Veterans Association

The Blinded Veterans Association was established specifically to help veterans and their families meet and overcome the challenges of blindness.

Membership not required. Fifty-two regional groups throughout the U.S.

477 H. St. N.W., Washington, DC 20001

800-669-7079 • 202-371-8880 • www.bva.org

Department of Veterans Affairs

Palo Alto Health Care System

Rehabilitation R & D Center

The VA Palo Alto Health Care System (VAPAHCS) consists of three inpatient facilities located at Palo Alto, Menlo Park, and Livermore, plus seven outpatient clinics. A teaching hospital, it provides a full range of services with state-of-

the-art technology as well as education and research. Health care provided in areas of medicine, surgery, psychiatry, rehabilitation, neurology, oncology, dentistry & geriatrics.
Appointments & Medical Advice 800-455-0057
General Information / Operator 650-493-5000
Local Eligibility 650-493-5000, x66266
Media Inquiries 650-493-5000, x64888
Patient Advocate 650-493-5000, x65544
VA Palo Alto Health Care System
3801 Miranda Ave, Palo Alto, CA 94304

Patient Advocate:

3801 Miranda Ave, Bldg 101, 3rd Floor, # B3-116
Palo Alto, CA 94304

www.palo-alto.med.va.gov • <https://iris.va.gov/>

Veterans Services (Cal Vet - California)

CDVA Veterans Services Field Office 11000
Wilshire Blvd., #5203 L.A., CA 90024
213-620-2755 • 310-235-7155

West Covina Branch:

Peter Roman, Veteran Services Officer
1427 West Covina Pkwy., #100A, West Covina,
CA 91790

626-813-3402 • www.cdva.ca.gov

**Veterans Affairs (United States)
Palo Alto Health Care System
Rehabilitation R & D Center**

3801 Miranda Ave., Palo Alto, CA 94304
650-493-5000 • 800-455-0057

Fax: 650-852-3228

www.palo-alto.med.va.gov/ • <https://iris.va.gov>

**West LA Veterans Administration
(Assists Veterans)**

11000 Wilshire Blvd., L.A., CA 90024
800-827-1000 • www.va.gov

**"Once I knew only
darkness and stillness.
My life was without past or future.
But a little word from the fingers
of another fell into my hand
that clutched at emptiness and
my heart leaped to the
rapture of living."
- Helen Keller**

What We Do Makes a Difference!

INDEX

211 L.A. County Helpline.....56

A

Access Services – L.A. County.....55

Access Services – Orange County.....56

Aging and Vision News.....24

Allergan Patient Assistance Program.....16

Audio Editions.....3

Alcon Labs Humanitarian Services.....16

American Council of the Blind.....27

American Diabetes Association – L.A.....27

American Foundation for the Blind.....28

American Optometric Association.....28

American Printing House for the Blind46

Ann Morris Enterprises, Inc.....47

**Associated Services
(for the Blind and Visually Impaired).....28**

Association for Macular Disease, Inc.....29

**A T & T's National Center for
Customers with Disabilities.....57**

B

Beyond Sight, Inc.....47

Bible Alliance, Inc.3

Blackstone Audio Books.....3

Blind Children's Center.....8

Blinded Veterans Association.....59

Braille Forum.....25

Braille Institute.....8

Braille Institute Library.....3

Braille Institute Los Angeles Sight Center.....49

C

**California Council for the Blind
(SGV chapter).....29**

California Council of the Blind (CCB).....30

**California Council of Citizens
with Low Vision.....30**

California Telephone Access Program58

Center for the Partially Sighted.....20

Choice Magazine Listening.....24

Compassion in Action – USA.....54

Convalescent Aid Society.....12

D

Dayle McIntosh Center	8
Dedication of Resource Guide.....	1
Department of Veteran's Affairs.....	59
Diabetes Action Network.....	7
Doheny Eye Institute - USC.....	13
Doubleday Large Print Home Library	4

E

Enhanced Vision	47
EyeCare America.....	14
EyeCare America-Senior EyeCare Program..	21
EYE-DAS Club #I - Glendora.....	30
EYE-DAS Club #II - West Covina	31

EYE-DAS Club #III - Arcadia31

EYE-DAS Club #I - Glendora Day Trips.....52

EYE-DAS Club #II - West Covina Day Trips.52

EYE-DAS Club #III - Arcadia Day Trips.....53

EyeTech Low Vision.....47

F

Fidelco Guide Dog Foundation.....16

Fighting Blindness News.....25

Foundation Fighting Blindness (FFB).....38

Foundation Fighting Blindness Research.....53

G

Gleams.....25

Glaucoma Research Foundation.....38

Glaucoma Research Foundation..(Research)..54

Guide Dog Foundation for the Blind.....16

Guide Dogs for the Blind.....	16
Guide Dogs of America.....	17
Guide Dogs of the Desert.....	17

H

Hadley School for the Blind.....	9
Hatlen Center for the Blind..... (Living Skills Center for the Visually Handicapped)	10
Helen Keller Services for the Blind.....	39

I

Independent Living Aids, LLC.....	48
--	-----------

J

Jet Propulsion Laboratory (JPL).....	50
Jewish Blind of California.....	40
Jewish Guild for the Blind.....	40

**Junior Blind of America
(Robertson Program for Independence).....9**

**Junior Blind of America
(Robertson Program for Independence).....40**

K

L

L.A. Radio Reading Service (LARRS).....19

Leader Dogs for the Blind.....17

Library Reproduction Service4

Lion's Club International.....41

**Low Vision Rehabilitation Clinic at Western
University Eye Care Center.....23**

Lutheran Braille Workers, Inc.4

**"Alone we can do so little;
together we can do so much."
- Helen Keller**

M

Macular Degeneration Foundation.....	41
Mary Ann Keverline Walls Low Vision Center – Fullerton.....	22
Mary Ann Keverline Walls Low Vision Center - L.A.....	22
Maxi-Aids & Appliances	48
Mobility International	42
Merck Patient Assistance Program.....	16

N

Narrative Television Network (NTN).....	19
National Alliance of Blind Students	42
National Association for the Visually Handicapped.....	44
National Braille Press.....	5
National Diabetes Association.....	43

National Eye Institute.....44

**National Federation for the Blind
(Diabetes Action Network).....7**

National Federation for the Blind.....19

National Federation of the Blind.....44

National Federation of the Blind.....48

**National Assoc. for Parents & Children with
Visual Impairments.....43**

National Federation of the Blind of CA.....45

New York Times Large-Type Weekly.....20

O

OCB Calif. Department of Rehabilitation.....11

Optelec.....49

Out and About26

**"Optimism is the faith that leads to
achievement.**

**Nothing can be done without hope and
confidence."**

- Helen Keller

P

Paratransit, Inc. (Sacramento area).....	56
Perkins School for the Blind.....	10
Prevent Blindness America.....	46

Q

R

Reader's Digest Large Print Publications.....	26
Recorded Books, Inc.....	6
Recordings for the Blind and Dyslexic.....	6
Recordings for the Blind and Dyslexic Tour... 	51

S

St. Mary's Low Vision Center.....	23
Senior's EyeCare Program.....	14
Senior's EyeCare Program.....	21

Services Center for Independent Living.....	18
Southern California Lions Eye Institute	41
State Department of Rehabilitation.....	11
State of California Orientation Center.....	11

T

The Eye Care Center at Southern California College of Optometry.....	22
The Library of Congress National Library.... (Service for the Blind and Physically Handicapped)	26
The Magnifier Electronic Newsletter.....	27
The Medicine Program..... (Free prescription medicine)	15
The National Organization for Albinism and Hypopigmentation (NOAH).....	45
The Senior Care Network of Huntington Hospital.....	55

U

United States Association for Blind Athletes ..46

V

Veterans Affairs, Department of.....59

Veterans Services (Cal Vet - California).....60

Veterans Affairs (United States).....61

Vista Nova Renaissance Community.....18

Vision Aid Services49

W

West LA Veterans Administration.....61

X,Y,Z

**"Life is an exciting business, and most exciting
when it is lived for others."**

- Helen Keller

EYE-DAS - COME AND JOIN US!

A support, social, educational and informational group for the blind and visually impaired and their families. Offers FREE refreshments; FREE transportation available. Day trips and outings several times a year. Quarterly newsletter.

EYE-DAS Club #I - Glendora Group

An evening group for the blind and visually impaired and their families. FREE refreshments; FREE transportation available. Meets the 2nd Monday of each month at 7:00 p.m. at the La Fetra Center, 333 E. Foothill Blvd., Glendora, Ca 91741

EYE-DAS Club #II - West Covina Group

A daytime support, social and informational group for the blind and visually impaired and their families. FREE lunch; FREE transportation available. Meets the 1st Monday of the month at noon at the West Covina Senior Center, 2501 E. Cortez St., W. Covina, CA 91793

EYE-DAS Club #III - Arcadia Group

A daytime support, social and informational group for the blind and visually impaired and their families. FREE lunch; FREE transportation available. Meets the 2nd Tuesday of the month at noon at the Assistance League of Arcadia Community House (corner of Santa Anita Ave. & Alta St.)

**Serving the Blind & Visually Impaired
of the San Gabriel Valley since 1975.**

EYE-DAS Club for the Blind and Visually Impaired

PO Box 1422, Glendora, CA 91740

626-335-EYES (3937) • www.eye-das.org

Published by the EYE-DAS Foundation and made possible through the generosity of: Charter Oak Woman's Club, Glendora Church Homes, Kiwanis Club of Glendora, Glendora Lion's Club, Glendora Rotary, Glendora Woman's Club, city of Glendora, Layton Printing and YOUR private donations.



Disclaimer - The EYE-DAS Foundation, Club and Auxiliary do not endorse or recommend any of the organizations or businesses herein listed. The Resource Guide is provided only as a compilation of information.

**EYE-DAS
P.O. Box 1422, Glendora, CA 91740
626-335-EYES (3937)**

Non Profit #95-4181623

©EYE-DAS 3rd Revision & Printing 2010